

KEY TAKEAWAYS

Taking Action: Applying the Doughnut

This chapter explores how cities, regions, and nations strive to align with the principles of Doughnut Economics. The Doughnut Economics Action Lab (DEAL) offers tools for localities to adapt this model to their unique needs, aiming for a balance between thriving societies and ecological sustainability.

1. The model encourages localities to balance their immediate aspirations with their global responsibilities, ensuring local actions do not detrimentally impact global ecological health or social wellbeing.
2. Amsterdam, Leeds, and Barcelona are among the cities utilising the Doughnut model to guide their policies towards circularity, sustainability, and social equity, each tailoring the model to their specific needs.
3. Civic organisations and communities are engaging with the Doughnut model, fostering conversations and actions towards sustainable living, from neighbourhood initiatives to city-wide plans.